



Alan Pastrana

NOV 20, 1944 - APR 8, 2021



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In lieu of flowers, donations may be made to the Alan Pastrana Memorial Athletic Fund by visiting:

<https://osp.osmsinc.com/AnneArundel/BVModules/ProductTemplates/Bvc2013/Product.aspx?productid=A4013-VAR21>, Annapolis High School, 2700 Riva Road, Annapolis MD 21401

Alan Pastrana passed away on April 8 at Anne Arundel Medical Center after a brief illness. He was born in Annapolis, Maryland, the second of nine children, to the late Charles and Ruth Pastrana. Alan attended Annapolis High School and excelled at football, wrestling, and lacrosse. His leadership skills were recognized early as he captained all three of his high school teams. A most cherished memory for him was being part of the undefeated 1962 Annapolis High School football team.

After graduating from high school in 1963 he attended Severn School for a prep year where he could again be found on the gridiron throwing touchdowns. In 1964, he received a football scholarship to the University of Maryland, College Park. In 1966, he ranked third in offense in the ACC throwing for 1499 yards and completing 17 touchdown passes. Alan held the passing record at Maryland for 16 years until it was broken by Boomer Esiason in 1982.

Upon graduating from Maryland, Alan was drafted by Lou Saban and the Denver Broncos. After two years in the NFL, he accepted a job at Anne Arundel Community College where he taught Health and Physical Fitness and coached football and lacrosse. He received his Master's Degree from George Washington University.

Alan was more than an outstanding athlete. He was an extraordinary teacher and coach, reaching out to youngsters throughout the Annapolis/Anne Arundel communities. One of his greatest pleasures was working with Dr. Robert Graw Jr. and Headfirst/Righttime as a community advisor to educate students, parents and trainers on concussion awareness and safety on the field.

As an elite athlete, Alan accumulated many awards and honors but nothing meant as much to him as his family. He married his college sweetheart, Diane Laudenslager, also of Annapolis, and was a devoted family man. Even while coaching he always managed to find time to help out with the family waterproofing business during the summer. Alan will be remembered not only for his outstanding athleticism but his huge heart, unselfish work ethic, and above all his love of family.



Obituary

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Alan and Diane have been married for 51 years. They have been blessed with two wonderful daughters; Shannon Pastrana Overend (Chris) and Lisa Pastrana Brabazon (John). Fortunately the two girls gave Alan five grandsons; Zack Christian, John Joseph (J.J.) , Luke Alan, Chase McKinney and Michael Cole (Mac) and, oh yes, one sweet girl named Claire Ruth. Alan was predeceased by his brother Richard (Gina), and is survived by sisters; Lyn Durland (Dan), Kate Howard (Damien), Dawn Powell (Dean) and brothers; Robert (Laura), Ron (Anita), Roger (Juli) and Russell (Paula).

On Saturday, July 31st, at 10:00am, there will be a memorial event to celebrate his life at Saints Constantine and Helen Greek Orthodox Church at 2747 Riva Road in Annapolis, Maryland.


Donations may be made to the Alan Pastrana Memorial Athletic Fund, Annapolis High School, 2700 Riva Road, Annapolis MD 21401 Or Donate directly to the link below.

<https://osp.osmsinc.com/AnneArundel/BVModules/ProductTemplates/Bvc2013/Product.aspx?productid=A4013-VAR21>



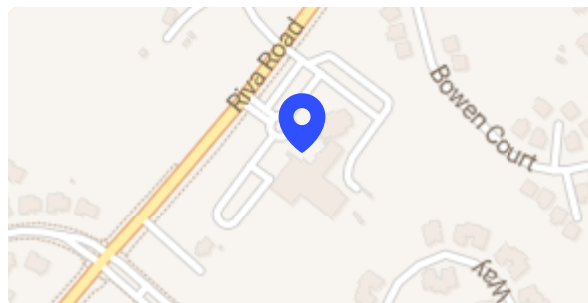
Memorial Service & Celebration of Life

 **Saturday**, July 31, 2021

 10:00 AM - 11:30 AM ET


 **Saints Constantine & Helen Greek Orthodox Church**

2747 Riva Road, Annapolis MD



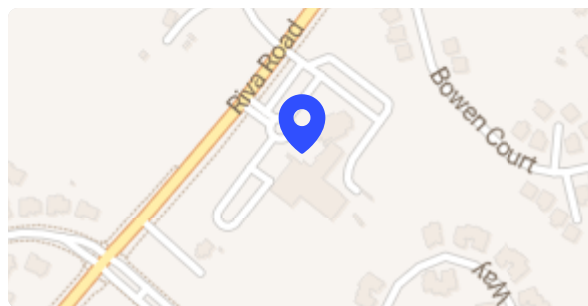
Fellowship and Honor Reception

 **Saturday**, July 31, 2021

 11:30 AM - 2:00 PM ET

 **Saints Constantine & Helen Greek Orthodox Church**

2747 Riva Road, Annapolis MD





Tribute Wall

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MD

Mary Duvall posted:

I went to AHS with both Alan and Diane. Couldn't find better people and Alan will certainly be missed. Diane, please know that you and all the family are in our thoughts. Mary & Bill Duvall

July 5 at 8:08 AM

PF

Priscilla Frece posted:

Dear Diane and the entire Pastrana family — We send our love and sympathy. Thinking of you. ❤️
Priscilla, John, William and Hannah (Carroll) Frece

April 11 at 1:12 PM

JM

Joe Manck posted:

Diane you and your whole family are in my thoughts. One of the memories of Alan that always makes me laugh occurred on the lacrosse field. I was JV and we were playing the varsity with Alan in the goal for the varsity. We took a shot which Alan stopped and he then proceeded to run up field faking out everyone of us who dared get in his way and scored against us. Ronnie Wolf our JV coach was apoplectic screaming and yelling at us and made us run laps. Alan stood there laughing and so was I. He was a marvel and a dam fine man. He will be missed. Joe Manck

April 11 at 10:16 AM

RW

Regina Weldon posted:

I think everyone knows the Pastranas. A wonderful and well known family. Alan always smiling and always had something kind to say. I was very fortunate to meet Alan and Diane. Very special people. Alan will surely be missed by many. Diane, you are in my prayers sincerely, Regina Weldon.

April 10 at 2:02 PM



Tribute Wall

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Col Ron Dabbieri shared a photo to the **Tribute Wall** album.



I had the privilege of playing football and wrestling with Alan at Severn and reflectively benefited greatly from his fame and notoriety. He was a superb athlete followed closely by the Annapolis newspaper and the University of Maryland Athletic Department. As a result I got to share headlines with Alan which resulted in me getting a wrestling scholarship to Maryland on Alan's coattails. Over the years we stayed in contact by emails but the last time I saw him was when he came to my Christmas party a couple of years ago and I was able to keep up with him through Dean and Dawn Powell. I found these couple of Annapolis newspaper clipping that I'll include here. He was a great guy and I'm sure he will be sorely missed by his family and the Annapolis community. COL (Ret) RON DABBIERI US Army

April 10 at 8:37 AM



Bob Krimmel posted:

Dear Pastrana Family, Our sincere sympathy to you all on Alan's passing. His passion as a Penn State swimming parent was incredible, whether at a meet or on the bus going to early swim before a meet. He had the ability to raise everyone's spirit and excitement level. While our world has lost a great teacher/coach and person, God now has an All-American to lead His team in heaven. Our thoughts and prayers are with you. Krim and Chickie

April 9 at 4:00 PM



Judy And John Hanna (John Class Of 1964 posted:

Our thoughts and prayers are with Diane and all of Alan's family . Alan was a great guy, and a wonderful co-captain of our AHS football team. He was liked by his teammates and classmates. I am honored to have been part of the team . Alan's passing will leave a huge void in our class reunions. He was a terrific man and liked by all who knew him. He will be truly missed. God bless your family ... John Hanna, class of 1964. Each time I met Alan at a reunion and also the football team reunion, Alan made me feel welcome and a part of the class . He had a true gift of making everyone feel comfortable and welcome . I'm happy I had those times to meet him and Diane .
Judy Hanna (wife of John Hanna)

April 9 at 3:11 PM



Jamie Jaseph April 17 at 4:49 AM

Diane and Family, May God hold you in His arms, provide comfort in your grief, and give you confidence that you will be United once again! What a wonderful man! Our love to you! The Jaseph Family



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Bob And Carol Emory lit a candle in honor of Alan.

Please know that our thoughts and prayers are with Diane and the Pastrana family. May God wrap his arms around you and give you some comfort during this time of your loss. Bobby and Carol Emory

April 9 at 1:56 PM



Anonymous sent a Divine Peace Bouquet to the Pastrana family.

April 9 at 12:57 PM



David Warner posted:

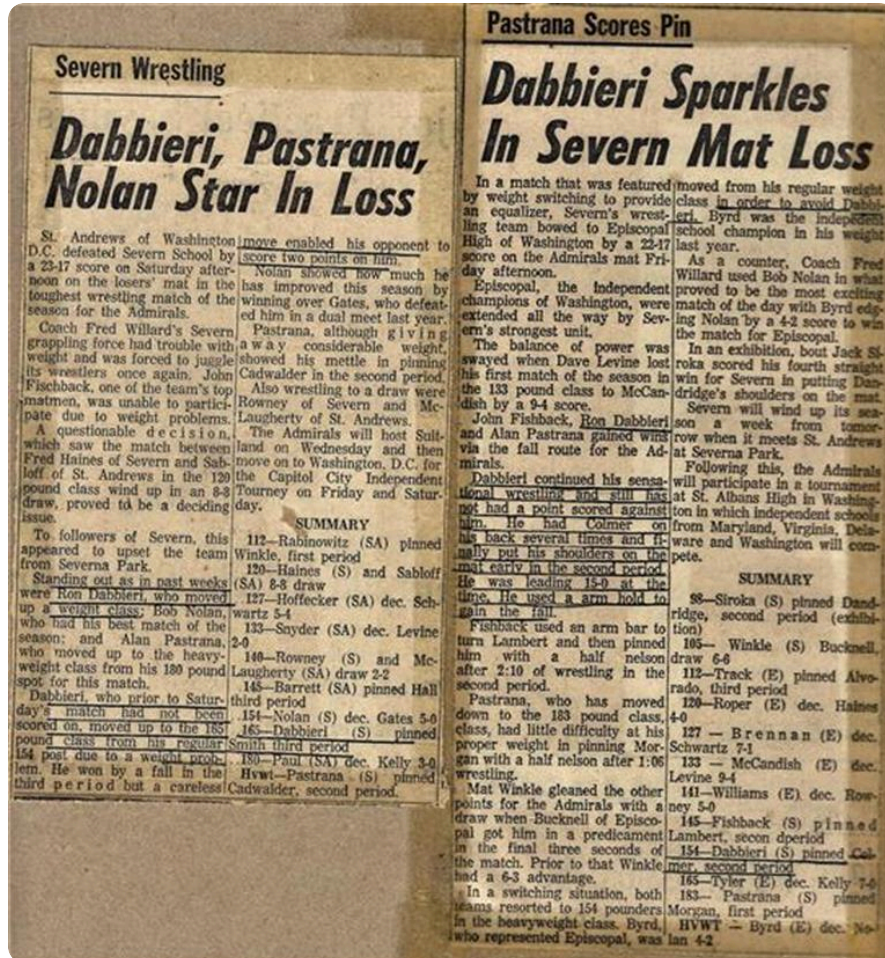
I am an AHS Class of '61 and great follower of Annapolis athletics. I was a member of the AHS wrestling team and I returned to watch the team with Alan on it. He was an outstanding athlete in any sport he tried. After the match, I was driving home when a car crashed into mine. It was Alan. After he made sure I was OK, he told me he would take care of the car. Next day, he and his family picked up my car at my house, got it repaired and brought it back. He and his family were Annapolis Royalty! His family had a Construction company and they repaired sidewalks in Annapolis. A lot of people loved to watch his family work in the hot weather with their shirts off. It was a good looking family!

April 9 at 12:00 PM



Col Ron Dabbieri shared a photo to the Tribute Wall album.

April 10 at 8:37 AM





Memories only last if you share them

Join us in honoring Alan by contributing to a collection of shared memories.



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